

# The weekly newsletter for



9th February 2024

Issue 19

Shalford Infant School and Nursery Email: info@shalford.surrey.sch.uk Website: www.shalford.surrey.sch.uk

# **Head Teacher Update**

#### Dear Families,

Thank you to all of you who attended the Parents' Evenings this week. As always, we try to ensure that we can keep you abreast of all the goings on in school and offer many chances for learning to be shared, via Welcome Wednesdays, Family Learning and Learning Letters, but Parents' Evening is the big one; a chance to discuss all the progress made and the ways to narrow any gaps that might be occurring. The teachers really enjoy sharing how we 'enjoy learning together'. If you missed out for any reason, do make the effort to speak to your class teacher who will fit you in as soon as they can.

As you know it was Internet Safety Day on Tuesday and so I want to share this online resource, specifically for parents and carers of children aged 3-7 years. Children at this age are at the beginning of their journey through life with technology. It's through these formative years that they learn to understand what they can access online, how they can access it and how it can benefit them, so its essential parents take an active interest in their children's safety online

This week we have welcomed a new member of staff to our team. Miss Selina Brooke is job sharing the Oak Class Teaching Assistant role with Mrs Silva.

Thursday 22<sup>nd</sup> February is World Thinking Day, a day celebrated by Scout and Guide organisations around the world. If your child belongs to Brownies or Beavers, they are very welcome to wear their uniform to school on this day.

Don't forget that the first Monday after half-term is INSET Day. This is an important one for us as all of the schools in the Learning Partners Trust will be getting together over at Kings College in Guildford for a keynote speaker and then breaking off into separate training workshops on everything from ADHD to supporting phonics in KSI. We will then be heading back to Shalford in the afternoon where we will begin our When the Adults Change journey. So, a very jam-packed day! When the Adults Change is going to help us further improve the way in which we help children be the best versions of themselves and we will be sharing more information about this as we explore, prepare, implement and sustain this approach over the next 18 months.

Have a lovely half term and see you on Tuesday 20th February. Best wishes, Michelle Dutton

### Shalford Celebrates....

Congratulations to...



	Headteacher Award	Values Ambassador
Acorn	Fin R	Elliana
Oak	Alayah	Oz
Ash	Jean	Caleb
Pine	Fathia	Oli

## **Random Acts of Kindness Challenge**

This half term the charity 52 Lives has set a 'random acts of kindness' challenge for the children. At Shalford, we teach the children that kindness is such an important value as it costs nothing, can really change someone's day for the better and spreads as one act of kindness leads to many others.

We hope you can encourage your child to take part here is the link to the video explaining the challenge https://www.youtube.com/watch?v=rEk0bK 4Qyc

and attached is the form you will need. Please send completed entries to the address on the form rather than bringing them to school.

Good luck.

Happy half term and kind regards, Mrs Davies, Pine Class Teacher & Values Leader



#### **Important Dates**

12<sup>th</sup> - 16<sup>th</sup> Feb - Half term week

19th Feb: INSET DAY

22<sup>nd</sup> Feb: World Thinking Day

27th Feb & 1st Mar 9am: Family Learning

4<sup>th</sup> Mar: Pine ClassTrip to the Rural Life Centre 6<sup>th</sup> Mar: Guildford Schs Multi Skills Event- ASH

15th Mar: PTA Quiz Night

21st Mar 2.15pm: Zones of Regulation Parent Mtng

27th Mar: 2.45 - 3pm: Welcome Wednesday

29th Mar - 12th Apr: Easter Holidays

15th April: INSET DAY

24th & 25th April 9am: Family Learning

22<sup>nd</sup> May: 2.45 - 3pm: Welcome Wednesday

**24**th **May:** Sports Day; EYFS AM & KS1 PM

27th - 31st May - Half term week

3rd June: INSET DAY

18th & 21st June 9am: Family Learning

# Get Surrey's latest children's Additional Needs and Disabilities updates

Surrey will be launching a new termly update for families of

children and young people with additional needs and disabilities, and the practitioners who help them. Updates will provide

Sign up for the latest children's Additional Needs and Disabilities updates

them. Updates will provide news and information

about children's additional needs and disabilities and details of support services available in Surrey.

To receive updates via email, fill in this sign-up form and click the subscribe button. The first update will be shared once we have enough people signed up.

You can also find the latest news, information and details of support services in your area via the Local Offer website. Surrey's Local Offer is the hub for information and guidance on everything related to children and young people with additional needs and disabilities age 0 to 25. You can also see the latest updates on our Local Offer social media accounts: Local Offer Facebook Local Offer Twitter Local Offer Instagram

#### **Managing Emotions on the School Run**

The school run can be a challenging time of day. Here are clinician's top tips for parents on managing your child's emotional wellbeing needs for the start of the school day.

- Be prepared, logistically but also mentally and emotionally. Try to strike a balance between not thinking the worst will happen when you get to the school gate but having a plan for if you have a wobble.
- Reflect on your own levels of anxiety about the school run and separation. Practice managing this and gradually teach your child, with mindfulness and grounding techniques and practice helpful thoughts about what the reality/likelihood is about the rest of the day.
- Make the school run fun, play games or sing songs together.
- If you can possibly include exercise/physicality in the journey do – walking, scooting, cycling, even some star jumps before and after getting in the car to use up nervous energy, park further away from school to walk further if it is safe to do so.
- If your child has a special interest try and relate the journey or the goodbye to this i.e. role play.
- Have a prepared script for saying goodbye and stick to this. Invite your child to write their part.
  Don't make it too long or drawn out. A short, simple, fun and loving ritual makes goodbye enjoyable and no big deal.
- If your child likes to have some control give them two choices of what you'll do on the journey and on what kind of goodbye you'll have. No more than two. Tell them the options if they are too anxious to think of ideas themselves.
- Make a time for worry time (talk time) after school for a limited time of 15 minutes every day, same time every day. This way if worries are brought up on route to school, before leaving the house or at bedtime as a way of stalling you can remind your child that you have worry time so you can make sure you can talk about it then.
- Work with the school if the drop off/goodbye is difficult. Perhaps make a plan together if necessary, could the same member of staff greet your child every morning and help them transition in.
- Books like <u>The Invisible String</u> are helpful for reading with children.

