



# Shalford News

The weekly newsletter for  
Shalford Infant School and Nursery



2<sup>nd</sup> February 2024

Issue 18

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## Head Teacher Update

Dear Families,

The Spring Term is a time when we open our doors to new prospective nursery parents and give families an opportunity to come and hear about all our good work and see the nursery in action. With each year that passes since opening the nursery class we are accepting more September applications which means we have less options available to those parents who are looking for a place mid-year. We have tours booked in to the diary, so if you are looking for a nursery place for September, now is the time to book on to a tour and apply. The closing date for applications is **Friday 22<sup>nd</sup> March**. Please pass this information on to anyone you know who may be interested.

Is your child struggling to manage their feelings? Are you unsure how to help them through their anxiety, anger or sadness? Join us on **Thursday 21<sup>st</sup> March at 2.15pm** to learn strategies and practical tools using The Zones of Regulation framework that we use in school. This session will define self-regulation and co-regulation and highlight the basics of using The Zones in your home. Please let the office know if you would like to attend.

Next week is your opportunity to meet with class teachers, to discuss your child's progress against the end of year expectations for each year group as we reach the half way stage of the school year. This will be a time to discuss how your child can be supported to make progress and achieve their best. If you have not signed up yet for a slot please do so via the school office. The front door will be open from the end of the day until 5pm on Wednesday so please ensure your children are supervised at Parent Consultations. They should not be left in the school or the playground without an adult taking responsibility for them.

Have a lovely weekend.

Best wishes,

Michelle Dutton

## Shalford Celebrates....

Congratulations to...



	Headteacher Award	Values Ambassador
Acorn	Miley	George
Oak	Freddie	Nimah
Ash	Imogen	Ruby
Pine	Olivia	Lyla

## Children's Mental Health Week 2024

Children's Mental Health Week 2024 will take place from **5–11 February**. This year's theme is **'My Voice Matters'**.

My Voice Matters is about empowering children and young people by providing them with the tools they need to express themselves. During Children's Mental Health Week, we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe - "My Voice Matters".

At Shalford we will be exploring this theme through stories and age appropriate resources in assembly and PSHE lessons.

As parents and carers, you play an important role in your child's mental health.

**Families, parents and carers can get involved too.** [Download resources](#) so you can take part at home.



Important Dates	Safer Internet Day
<p>w/c 5<sup>th</sup> Feb – Parent/teacher consultation week</p> <p>6<sup>th</sup> Feb: Safer Internet Day</p> <p>7<sup>th</sup> Feb: Guildford Schs Multi Skills Event- OAK</p> <p>7<sup>th</sup> Feb: 2.45 – 3pm: Welcome Wednesday</p> <p>8<sup>th</sup> Feb: Guildford Schs Multi Skills Event- PINE</p> <p>12<sup>th</sup> – 16<sup>th</sup> Feb – Half term week</p> <p>19<sup>th</sup> Feb: INSET DAY</p> <p>27<sup>th</sup> Feb &amp; 1<sup>st</sup> Mar 9am: Family Learning</p> <p>4<sup>th</sup> Mar: Pine Class Trip to the Rural Life Centre</p> <p>6<sup>th</sup> Mar: Guildford Schs Multi Skills Event- ASH</p> <p>15<sup>th</sup> Mar: PTA Quiz Night</p> <p>21<sup>st</sup> Mar 2.15pm: Zones of Regulation Parent Mtg</p> <p>27<sup>th</sup> Mar: 2.45 – 3pm: Welcome Wednesday</p> <p>29<sup>th</sup> Mar – 12<sup>th</sup> Apr: Easter Holidays</p> <p>15<sup>th</sup> April: INSET DAY</p> <p>24<sup>th</sup> &amp; 25<sup>th</sup> April 9am: Family Learning</p> <p>22<sup>nd</sup> May: 2.45 – 3pm: Welcome Wednesday</p> <p>27<sup>th</sup> – 31<sup>st</sup> May – Half term week</p> <p>3<sup>rd</sup> June: INSET DAY</p> <p>18<sup>th</sup> &amp; 21<sup>st</sup> June 9am: Family Learning</p>	<p>It is Safer Internet Day on <b>Tuesday 6<sup>th</sup> February</b> and all the children will be reminded about how to keep themselves safe online. This is an important topic that we revisit every term with all classes and it is a topic that children are never too young to start having a conversation about. We wouldn't start talking and teaching a child about road safety and how to cross the road until they were old enough to do it by themselves and the same needs to happen with online safety. With this newsletter is an online safety newsletter for parents with some great top tips. Here are some great picture books which are a good starting point for conversations with young children.</p> <div data-bbox="880 607 1187 864"> </div> <div data-bbox="1203 607 1461 864"> </div> <div data-bbox="900 898 1142 1180"> </div> <div data-bbox="1158 898 1442 1180"> </div> <div data-bbox="877 1254 1128 1576"> </div> <div data-bbox="1144 1258 1461 1576"> </div> <div data-bbox="837 1664 1139 1962"> </div> <div data-bbox="1153 1615 1501 1962"> </div>
<h2 data-bbox="124 965 737 1010">Universal Credit and childcare</h2> <p data-bbox="76 1077 775 1200">You may be able to claim back up to 85% of your childcare costs if you're eligible for <a href="#">Universal Credit</a>.</p> <p data-bbox="76 1240 740 1312">You (and your partner if you live with them) will usually need to either:</p> <ul data-bbox="124 1317 759 1458" style="list-style-type: none"> <li>• be working - it does not matter how many hours you or your partner work</li> <li>• have a job offer</li> <li>•</li> </ul> <p data-bbox="76 1464 386 1503"><b>How much you'll get</b></p> <p data-bbox="76 1541 676 1579">The most you can get back each month is:</p> <ul data-bbox="124 1583 628 1657" style="list-style-type: none"> <li>• £950.92 for one child</li> <li>• £1,630.15 for 2 or more children</li> </ul> <p data-bbox="76 1691 689 1729">You can claim Universal Credit online <a href="#">here</a>.</p> <p data-bbox="76 1765 368 1803"><b>If you stop working</b></p> <p data-bbox="76 1839 753 1910">If you stop working you must report a change of circumstances in <a href="#">your Universal Credit account</a>.</p>	