



Shalford News



The weekly newsletter for
Shalford Infant School and Nursery

20th January 2023

Issue 15

Email: info@shalford.surrey.sch.uk

Website: www.shalford.surrey.sch.uk

Head Teacher Update

Dear Families.

You should now have all received a learning letter for your child which details the learning intentions for the half term ahead. Our cross-curricular approach means that teachers spend a very long time planning a learning journey for the children so that they have the opportunity to revisit their knowledge over time and in a variety of subjects. Where there are subjects which can't be squeezed into a topic we teach it discretely to make sure nothing gets missed. As always, if you have any questions about the learning please pop in and see the class teacher. Parent Consultations are on the radar (w/c 6th Feb), booking information will be with you next week so please watch this space!

As I am sure some of you will have noticed, this spring term is particularly short and that can often create organisational challenges in school as there is just so much going on. Having established routines and boundaries, become familiar with personalities and understanding where pupils learning really is and what the next steps are - spring becomes the springboard into really moving forward. We have lots to fit in, in a short space of time, and things will move pretty fast! Make sure you keep up to date with all the goings on via the newsletter (have a check of the dates list at the end now!) and rest assured, your children will be being put through their paces to achieve their potential.

We are keen to get our gardening club up and running again later this term. This has traditionally been a club that runs at lunchtime for half an hour once a week with about 10 children (although this can be after school if easier). We are looking for a couple of parents to run the club each week, people who can bring ideas for activities and someone who will enjoy helping the children learn about growing plants and nature. If you have the time to commit please let Mrs Dutton know.

As always, I look forward to seeing you in the courtyard in the mornings and please remember that all the staff are here to help and support you; if you have any questions or queries, do come and seek us out.

Have a lovely weekend.

Best wishes,

Michelle Dutton

Shalford Celebrates...

Congratulations to...



	Headteacher Award	Values Ambassador
Acorn	Sophia	Ariyah
Oak	Imogen D	Poppy
Ash	Clemie	Maja
Pine	Nia	Evie

Children's Wellbeing

Promoting children's wellbeing is a key part of keeping them safe, helping them to develop and ensuring that they have positive outcomes into adulthood. Mental health plays a key role in a child's overall wellbeing and can be affected by various factors. [This article by the NSPCC is useful if you would like to explore this further.](#) Here are some activities related to feelings:

[Relaxation activities for young people](#)

[Emotional wheel to help children of all ages to talk about their feelings](#)

[Guided relaxation](#)

[Techniques to help younger children to keep calm](#)

[Self-care kit](#)

[Sentence starters to help children talk about how they are feeling](#)

[How to get a good night's sleep](#)

[Good sleep hygiene for children](#)



Important Dates

27th Jan: Oak Class School Council Election Day
w/c 6th Feb: Parent Consultation Week
7th Feb: Safer Internet Day
8th Feb 2.45pm: Welcome Wednesday
13th - 17th Feb - Half Term Holiday
24th Feb: PTA Quiz
27th Feb 9-9.30am: Come & Play with Me
27th & 28th Feb 9-9.30am: Family Learning
1st Mar - Guildford Schs Multi Skills Challenge- Pine
2nd Mar 9-9.30am: Come & Play with Me
24th Mar: PTA Easter Eggstavananza
3rd - 14th Apr - Easter Holidays
26th & 28th Apr 9-9.30am: Come & Play with Me
25th & 26th Apr 9-9.30am: Family Learning
8th May: Additional Bank Holiday - School Closed
13th & 14th June 9-9.30am: Family Learning
14th & 15th June 9-9.30am: Come & Play with Me
24th June: PTA Summer Fair

Family Learning for Parents & Carers

Family Learning courses are **free** for parents and carers to help you give your child a positive start in life, and to help support your child's learning and development at home and school.



Don't worry if you think you don't know enough about how children are taught or if you didn't do well at school yourself, or you don't understand the English education system.

You are who these courses are for!

We offer a wide range of online courses and workshops which can help you with:

- parenting
- wellbeing and managing anxiety
- understanding your child's behaviour
- getting to grips with maths and phonics
- healthy eating
- enjoying learning with your child through activities
- understanding education in England
- English as an additional language (EAL).

You can explore the courses by subject in the sections [here](#) and enrol by clicking on the relevant 'Enrol on a course today' button. Or you can get in touch by emailing family.learning@surreycc.gov.uk.

A helping hand for a healthier family



Do you need help to achieve a healthy weight for your child?

Be Your Best is a free service for Surrey families with children aged 0-12 who are above the healthy weight range.

We can help you make a positive difference to your child's health and wellbeing.

Families will be offered 6 one-to-one nurse sessions and 6 online group sessions.

Sessions include:

- Live cooking workshops
- Interactive supermarket tours
- Meal planning for the whole family
- Reducing anxiety
- Managing screen time
- How to become an active family
- Importance of sleep

Nurse sessions:

Consist of home visits and take place at a mutually agreed time.

Group sessions:

Tuesdays or Thursdays 4 - 5.30pm via Zoom Family

Fit sessions:

Saturdays 10 - 10.40am via Zoom

For more information, visit www.bybsurrey.org or email us at BeYourBest@surreycc.gov.uk.