



Shalford Infant & Nursery School

Value of the Month

October: Thoughtfulness

Definition of thoughtfulness: thinking carefully before acting and thinking of others before ourselves

Thoughtful people make life easier and more enjoyable for those around them

Thoughtfulness means shining the spotlight on someone else's needs

Thoughtful people take the time to listen even if they can't solve the problem

When we show thoughtfulness it encourages others to act in the same way

The world is a better place when we take the time to think about others

Do thoughtful acts with a smile and others will soon be smiling back!

During our learning about thoughtfulness we will share with the children some ways to be thoughtful, such as:

- Take time to listen to someone
- Help someone who is carrying lots of things
- Ask how someone is feeling
- Look out for someone who may be sad, and do something kind for them
- Help out when someone is busy
- Give someone a hug when they are feeling down
- Say thank you

What is thoughtfulness?

- Pausing before you speak, thinking carefully and taking time to decide
- Listening carefully to others and noticing their mood
- Understanding others' points of view
- Putting other people's feelings first
- Puzzling out problems by taking time to get to the bottom of them
- Showing you care by remembering someone's birthday or their favourite things
- Doing good without being asked

At home please take time to talk to your child about thoughtfulness and how to be a thoughtful person.