



Shalford Infant & Nursery School

Value of the Month

March: Kindness

Definition of kindness: Being caring and helpful and looking after others

Kindness is like sugar – it makes life taste a little sweeter

No act of kindness, no matter how small, is ever wasted

Simple acts of kindness are the seeds we plant to change the world

Leave footprints of love and kindness wherever you go



During our learning about kindness we will discuss with the children the meaning of kindness, how they can show kindness, and how our acts of kindness make others feel.



Kindness means:

- Saying something nice to someone
- Cheering someone up when they are sad
- Finding ways to help others
- Telling someone when they have done something well
- Talking to someone different
- Taking an interest in others
- Saying thank you
- Making someone smile

At home please take time to talk to your child about kindness and help them to find ways to be kind to others.