



Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chicken Bolognese with 50/50 Pasta	Minced Beef & Seasonal Vegetable Pie with Baby New Potatoes	Traditional Roast Pork with Roast Potatoes & Gravy	Baked Chicken Tortilla with 50/50 Rice	Fish Fingers & Chips
Vegetarian Main Meal	Roasted Vegetable & Lentil Bolognese with 50/50 Pasta	Mixed Bean Chilli with 50/50 Rice	Pea, Spinach & Cheese Pasty	Wholemeal Cheese & Tomato Pizza with Wedges	Traditional Cheese Quiche & Chips
Vegetables	Green Beans Sweetcorn	Broccoli Roasted Swede	Spring Greens Carrots	Garden Peas	Garden Peas Baked Beans
Jacket Potatoes	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo
Pudding	Marble Sponge with Chocolate Custard	Apple Sponge with Custard	Ice Cream	Peach Crumble with Custard	Chocolate Cookie with Yoghurt Dip



Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Traditional Pork Sausage & Mash with Gravy	Salmon & Broccoli Pasta Bake	Roast Gammon with Roast Potatoes & Gravy	Baked BBQ Chicken with 50/50 Rice	Fish & Chips
Vegetarian Main Meal	Vegan Sausage & Mash with Gravy	Oven Baked Macaroni Cheese	Mixed Bean & Roasted Vegetable Parcel with Roast Potatoes	Cool Mexican Bean Wrap with Wholegrain Rice	Pizza Wrap & Chips
Vegetables	Carrots Peas	Sweetcorn Broccoli	Green Beans Carrots	Corn Cobettes Spring Greens	Garden Peas Baked Beans
Jacket Potatoes	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo
Pudding	Shortbread with Yoghurt Dip	Apple Slice with Custard	Fruit Yoghurt	Pineapple Upside Down Cake with Custard	Chocolate Brownie Sundae



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chicken & Tomato Pasta Bake	Turkey Meatballs with 50/50 Rice	Roast Turkey with Mashed Potatoes & Gravy	Beef Cottage Pie with Root Vegetable Mash	Chicken Strips & Chips
Vegetarian Main Meal	Beany Enchiladas	Margherita Pizza with Baked Wedges	Vegan Sausage Puff with Mashed Potatoes	Vegetable Lasagne	Bean Burger & Chips
Vegetables	Garden Peas Sweetcorn	Broccoli Carrots	Cauliflower Green Beans	Corn Cobettes Garden Peas	Garden Peas Baked Beans
Jacket Potatoes	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo
pudding	Peach Crumble & Custard	Fruit Yoghurt	Oat & Raisin Flapjack Finger with Yoghurt Drizzle	Jam Sponge & Custard	Chocolate Brownie & Chocolate Sauce